

FAMILY MEDICINE

PAPER-III

Time: 3 hours
Max. Marks:100

FLM/J/20/08/III

Important Instructions:

- Attempt all questions in order.
- Each question carries 10 marks.
- Read the question carefully and answer to the point neatly and legibly.
- Do not leave any blank pages between two answers.
- Indicate the question number correctly for the answer in the margin space.
- Answer all the parts of a single question together.
- Start the answer to a question on a fresh page or leave adequate space between two answers.
- Draw table/diagrams/flowcharts wherever appropriate.

Write short notes on:

1. Enumerate the various health problems faced by the adolescents. As a Family Physician, how will you address health issues of adolescent attending your clinic. Name some Government programs that are initiated to help the adolescents and the benefits they get out of them 3+4+3
2. a) Define Severe Acute Malnutrition (SAM). 2+3+5
b) How will you manage a child with uncomplicated SAM?
c) What are the serious complications faced by children with SAM and how will you manage them?
3. a) Define low birth weight. 2+3+2+3
b) Name 3 major problems faced by:
i. Preterm babies
ii. IUGR (Intra-Uterine Growth Retardation) babies
c) What is Kangaroo Mother Care (KMC)?
d) What are all advantages of KMC?
4. A 35-year-old married woman has come to you with history of profuse vaginal discharge. (2+2+2)+(2+2)
a) How will you take history, do examination and investigate her?
b) Name 2 common conditions that causes pathological vaginal discharge and how will you treat them.
5. A 4-year-old girl is brought to you with fever and rashes. Discuss the differential diagnosis. Write short note on how you will manage a child with measles. 4+6
6. A 35-year-old lady presents with dysmenorrhea for the past 3 months. 3+(4+3)
What could be causes of primary and secondary dysmenorrhea? Discuss the diagnosis and the initial management of dysmenorrhoea in this lady.

P.T.O

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7. A 40-year-old lady who has 3 children presents with history of urinary incontinence. She has urinary loss while coughing or sneezing, which is embarrassing her. Her deliveries were all vaginal, but prolonged. Discuss the diagnosis and management of her problem. 5+5
8. A 34-year-old married woman has come for antenatal checkup. You suspect that she may be having gestational diabetes. 2+3+5
- a) Define gestational diabetes.
 - b) How will you screen/ investigate for gestational diabetes in this lady?
 - c) If she is found to have gestational diabetes, how will you manage her?
9. a) Name the broad groups of contraceptives available and give examples. 4+3+3
- b) What are the advantages and disadvantages of intrauterine contraceptive devices.
 - c) What are the advantages and disadvantages or contraindications of combined oral contraceptive pills?
10. Child abuse is being more commonly seen in the newspapers. How would you screen for child abuse in your clinic? What are the available laws, systems to help victims of child abuse? 4+6
