

FAMILY MEDICINE

PAPER-III

Time: 3 hours
Max. Marks:100

FLM/D/20/08/III

Important Instructions:

- *You are provided with 5 answer sheet booklets. Each individual answer sheet booklet consists of 10 pages excluding the covering jackets.*
- *Answers to all the questions must be attempted within these 5 answer sheet booklets which must be later tagged together at the end of the exam.*
- *No additional supplementary answer sheet booklet will be provided.*
- *Attempt all questions in order.*
- *Each question carries 10 marks.*
- *Read the question carefully and answer to the point neatly and legibly.*
- *Do not leave any blank pages between two answers.*
- *Indicate the question number correctly for the answer in the margin space.*
- *Answer all the parts of a single question together.*
- *Start the answer to a question on a fresh page or leave adequate space between two answers.*
- *Draw table/diagrams/flowcharts wherever appropriate.*

Write short notes on:

1. A newly married couple comes to you for advice on delaying pregnancy. 6+4
 - a) Discuss the options that you will provide them.
 - b) Describe Natural Family Planning methods.

2. A 16-year-old girl visits your clinic and confides in you that she and her boyfriend have indulged in penetrative sex a few times. 5+5
 - a) What are the possible consequences of sexual contact at this age?
 - b) How and what would be the content of your advice to the young girl?

3. A 25-year-old woman presents to you in the 24th week of pregnancy with history of increased frequency of micturition. 5+5
 - a) What is your approach to making a diagnosis in this case?
 - b) How do you manage gestational diabetes?

4. 5+5
 - a) Optional vaccines in childhood.
 - b) Adverse effects following vaccination.

5. A mother of a 5-year-old boy, complains that her son is not gaining weight. 5+5
 - a) How would you assess the nutritional status of this boy?
 - b) What are the steps in the management of severe acute malnutrition?

6. The mother of a 4-year-old girl says that her daughter has been suffering from repeated attacks of cold and cough over the past 6 months: 5+5
 - a) List the steps in the treatment of this case.
 - b) Discuss the management of chronic suppurative otitis media.

7. A 13-year-old girl is brought to you with a history of tiredness. On examination, you find that she is pale and undernourished. 5+5
 - a) What are the investigations that you will conduct?
 - b) What are the prevention and treatment modalities for anemia in adolescents?

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8. A 48-year-old woman has been complaining of post-menopausal bleeding. 3+7
a) What is your approach to dealing with this case?
b) What are the diagnosis and treatment modalities available for the treatment of cervical carcinoma?
9. A 24-year-old worker in an apparel manufacturing factory complains of irregular periods: 2+3+5
a) What are the causes for this condition?
b) Describe the preventive steps that can be taken.
c) Discuss the treatment modalities that are available.
10. Elder abuse is becoming a common phenomenon: 5+3+2
a) What are the warning signs of this problem that you are likely to see in your practice?
b) What are the preventive measures to prevent this issue?
c) What are the legal remedies that are available to the elderly in such situations?
