



EDITORIAL

Family Adoption Program (FAP) by the National Medical Commission (NMC): A Strategic Initiative

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This issue contains the commentary article by Mishra et al., entitled “Is Family Adoption Programme as What It Seeks: A Resident’s Perspective?” [1].

The authors observe that the program has been running in a few institutes across the country—a large level replication of the same with the objectives of giving public health exposure to medical undergraduates. However, while they voice some concerns, they consider it a welcome step and are optimistic about its future.

The Family Adoption Program (FAP) by the National Medical Commission (NMC) is a strategic initiative to integrate family-centered care and longitudinal patient relationships into medical education. The program provides medical students with hands-on experience in managing long-term patient relationships, enhancing their clinical skills and understanding of family dynamics.

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It provides holistic education, encourages a patient-centred approach, and fosters essential soft skills, such as communication, empathy, and teamwork, which are critical for effective medical practice.

Implementing and maintaining the FAP can be resource-intensive, requiring significant investment in terms of time, personnel, and financial resources. Managing sensitive information and ensuring confidentiality can be challenging, particularly with multiple participants and long-term interactions.

The FAP provides a chance for medical schools to innovate their curriculum and integrate new teaching methodologies that emphasize real-world experiences.

The FAP strengthens ties between medical institutions and the community by involving families in the educational process, potentially leading to better community health outcomes.

This area offers the potential for research into the effectiveness of family-centered medical education and patient outcomes, leading to evidence-based improvements.

Utilizing digital tools and telemedicine can enhance the program's reach and flexibility, allowing for virtual family interactions and broader participation.

Conducting long-term studies to evaluate the impact of the FAP on both medical students and patient care could provide data to support further development and refinement of the program.

In summary, the National Medical Commission's Family Adoption Program has significant potential to enhance medical education by focusing on family-centered

care and longitudinal relationships. Addressing its challenges and leveraging its strengths and opportunities will be key to its successful implementation and future development.

Conflicts of interest

The authors declares that they do not have conflict of interest.

Reference

1. Anshita Mishra, Febida Beegum PK, Sahadev Santra and Bratati Banerjee, Is Family Adoption Programme as What It Seeks: A Resident's Perspective? Natl. Board Exam. J. Med. Sci., 2024;2(8); 842–846. doi: 10.61770/nbejms.2024.v02.i08.011.