FAMILY MEDICINE
PAPER – III

Time : 3 hours
Max. Marks : 100

Important instructions:
- Attempt all questions in order.
- Each question carries 10 marks.
- Read the question carefully and answer to the point neatly and legibly.
- Do not leave any blank pages between two answers.
- Indicate the question number correctly for the answer in the margin space.
- Answer all the parts of a single question together.
- Start the answer to a question on a fresh page or leave adequate space between two answers.
- Draw table/diagrams/flowcharts wherever appropriate.

Write short notes on:

1. A 25 year old working woman with a previous history of dysmenorrhea and menorrhagia seeks contraceptive advice before her marriage in 2 months time.
   a) List all contraceptive methods available.
   b) Which method is suitable / to be avoided in this patient? Give reasons.

2. Risk factors, complications and management of gestational diabetes.

3. Diagnostic criteria, clinical features, investigations and management of polycystic ovarian syndrome.

4. Risk factors, clinical features and management of atonic post partum hemorrhage.

5. a) General principles of prescribing medicines in pregnant women.
   b) Write at least one drug you can use safely in first trimester of pregnancy and one drug to be avoided for the following conditions:
      I. Urinary tract infection
      II. Mechanical low back pain
      III. Acute bronchitis
      IV. Hyperemesis gravidarum


7. A 5 year old child with history of asthma is brought to you by his parents.
   a) What aspects of history would you ask?
   b) Stepwise management of asthma in this child.
   c) Use of metered dose inhalers in children.

8. History & physical findings, investigations and management of post streptococcal glomerular nephritis.

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9. a) Clinical diagnosis and laboratory confirmation of H1N1 influenza.  
b) Management of a confirmed case of H1N1 influenza. 
c) How will you educate the family and community regarding prevention of spread of H1N1 influenza?

10. a) IMNCI guidelines for managing a 4 year old child with acute diarrhea.  
b) Management of a child with severe dehydration.