FAMILY MEDICINE
PAPER – III

Time : 3 hours
Max. Marks : 100

Important instructions:
- Attempt all questions in order.
- Each question carries 10 marks.
- Read the question carefully and answer to the point neatly and legibly.
- Do not leave any blank pages between two answers.
- Indicate the question number correctly for the answer in the margin space.
- Answer all the parts of a single question together.
- Start the answer to a question on a fresh page or leave adequate space between two answers.
- Draw table/diagrams/flowcharts wherever appropriate.

Write short notes on:

1. a) Screening for diabetes in pregnancy.
   b) Management of gestational diabetes. 5+5
2. a) List common substance abuse in adolescent boy in India.
   b) Explain how an adolescent smoking for the last 5 years can be helped to quit the habit. 5+5
3. What strategies can the primary care physician use to promote:
   a) Small family norm.
   b) Acceptance of 4th new born girl child in a family with no male child
   c) Health of pubertal girl child. 4+4+2
4. Discuss briefly the help a family physician can give to a family who has a:
   a) Down syndrome.
   b) Child with chronic epilepsy. 5+5
5. Diagnosis and management principles of:
   a) Autism.
   b) ADHD (Attention deficit hyperactive disorder).
   c) Dyslexia. 4+4+2
6. a) Principle of weaning in a breast-fed child.
   b) Principles of augmenting nutrition in a 1-year-old child who is underweight. 5+5
7. Outline the immunization(s) to be given to:
   a) A Pregnant woman.
   b) Elderly persons.
   c) Person traveling to Mecca for Haj. 4+4+2

P.T.O.
8. a) What are the causes of central cyanosis in children detected at birth and upto 2 years age?  
   b) Outline the management principles.  

9. a) Enumerate the medical diseases in which pregnancy is contraindicated.  
   b) What type of contraception should be offered in each case?  

10. a) Enumerate the mental health disorders in adolescents.  
   b) Diagnosis and management of any two of them.