

An initiative of  
**Lippincott Academy of Clinical Excellence**  
in consortium with  
**National Board of Examinations**



## Evolving Paradigms in Diabetes Mellitus

### NBE Certified Program

New Delhi | 13, 14 April 2013

#### What the program offers?

- NBE certified 2 day authoritative CME program specifically tailored for postgraduate students, senior residents and specialists in internal medicine, ophthalmology and family medicine
- **Academic course content developed by CMC Vellore and Sankara Nethralaya**
- Focus on evolving paradigms in diabetes management encapsulating the 2013 clinical recommendations of the American Diabetes Association (ADA), European Association for the Study of Diabetes (EASD) and latest guidelines of Association of Physicians of India (API)
- Strategic perspectives on how to handle difficult clinical situations
- An end-of-the-course formal evaluation for residents to consolidate learning
- **On-going engagement with participants to evaluate impact of the program**
- Joint certificate of merit from Lippincott Academy of Clinical Excellence and National Board of Examinations

#### Course Directors

**Dr Nihal Thomas**  
Professor and Head,  
Department of Endocrinology,  
Christian Medical College, Vellore

**Dr Tarun Sharma**  
Medical Director,  
Vitreoretinal Services,  
Sankara Nethralaya, Chennai

#### Faculty

- **Dr. Thomas V Paul**  
Associate Professor,  
Endocrinology, CMC Vellore
- **Dr. G Basu**  
Assistant Professor,  
Nephrology, CMC Vellore
- **Dr. Rajiv Bajaj**  
Senior Consultant, Cardiology,  
Batra Hospital, New Delhi
- **Dr. Rajiv Raman**  
Consultant, Vitreoretinal Services,  
Sankara Nethralaya, Chennai
- **Dr. Aditya Verma**  
Consultant, Vitreoretinal Services,  
Sankara Nethralaya, Chennai
- **Dr. G Suganeswari**  
Consultant, Vitreoretinal Services,  
Sankara Nethralaya, Chennai

## Programme

### Day 1 Agenda

08:00 – 08:45	Registration and Pre Test
08:45 – 09:00	Introduction and Course Objectives
09:00 – 10:00	Current Concepts in Epidemiology and Recent Advances in Pathogenesis of Diabetes Mellitus
10:00 – 10:45	Guidelines for Classification and Diagnostic Approaches in Diabetes Mellitus
10:45 – 11:00	Tea Break
11:00 – 12:00	Therapeutic Targets in Diabetes Mellitus and Clinical Decision Making Algorithms
12:00 – 13:00	New Insulins in the Management of Diabetes Mellitus
13:00 – 13:45	Lunch
13:45 – 14:30	Lipid Management Strategies in Diabetes Mellitus
14:30 – 15:15	Screening and Management of Coronary Heart Disease in Diabetes Mellitus
15:15 – 16:00	Current Insights into Blood Pressure Control in Diabetes Mellitus
16:00 – 16:15	Tea Break
16:15 – 17:30	Clinics of Lippincott Academy: Clinical Cases Review by Experts <b>Submit interesting clinical cases. Win attractive prizes!!! 3 best cases win and shall be reviewed in a grand round!</b>
17:30 – 18:00	End of Day Evaluation and Feedback

### Day 2 Agenda

08:30 – 09:15	Screening and Evaluation of Diabetic Patients with Kidney Disease
09:15 – 10:00	Management of Early and Advanced Diabetic Nephropathy and End Stage Renal Disease
10:00 – 10:30	Tea Break
10:30 – 10:45	Quiz: Spot the Diagnosis
10:45 – 11:00	Epidemiological Data on Diabetic Retinopathy
11:00 – 11:15	Clinical Presentation of NPDR, DME, PDR and its Complication
11:15 – 11:30	Evaluating Patients with DR with FA, OCT and Ultrasound
11:30 – 11:45	Concomitant Diseases: Venous and Artery Occlusions
11:45 – 12:00	Ophthalmic complications in Diabetes, other than Diabetic Retinopathy
12:00 – 12:15	Screening Strategy for Diabetic Retinopathy
12:15 – 12:30	Treatment for DME
12:30 – 12:45	Treatment for PDR
12:45 – 13:00	Role of Vitreous Surgery
13:00 – 13:15	Quiz: Spot the Diagnosis
13:15 – 14:30	Lunch
14:30 – 15:00	Screening and Treatment of Diabetic Neuropathy
15:00 – 16:00	Comprehensive Approaches to Foot Care and Foot Wear
16:00 – 16:45	Final Evaluation and Feedback
16:45 – 17:30	Valedictory Function
17:30	High Tea and Networking

**Great academic fiesta, attractive prizes, freebies and clinical discussions with top-notch examiners to sharpen your minds!**

### Venue

National Board of Examinations,  
PSP Area, Sector 9, Dwarka,  
New Delhi 110075

### Registration Fee

	Up to 15 March	After 15 March
Post graduate residents	2000	2500
Senior residents	2500	3000
Consultants	4000	4500

Registration fee includes CME kit, lunch, refreshments and a certificate of merit

**Register by 15 March and get a complimentary copy of the authoritative book *The Washington Manual of Endocrinology (Rs 550)*, a Lippincott Williams & Wilkins title**

### How to Register?

- Online at [www.lwwindiaestore.com](http://www.lwwindiaestore.com)
- Cheque or Demand Draft in favour of Wolters Kluwer (India) Pvt Ltd and payable at Delhi

### Contact us for more details:

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